Jean Miller

My Psychiatric Hat Trick: Coping with Brain Difficulties x3.

Question suggestions for your book:

Jean Miller

My Psychiatric Hat Trick: Coping with Brain Difficulties x3.

How did this affect you in different settings (friendsl, family, stranger's)?

If you had the opportunity to go back and change it or be different, would you?

What is the biggest takeaway, for you, from the experience?

How did people react or change with the experience?

How do you manage depression today?

What impact does Asperger/autism have on your life today?

Wha't the hardes thing to deal with in inattentive ADHD>